



SEPTEMBER

Monday, Wednesday, Friday 9:00am - 6:00pm
 Tuesday, Thursday 11:00am - 8:00pm
 Location: Sigler Park
 7200 Plaza Street, Westminster, CA 92683
 Phone Number: (714) 903-1331
 Email: familyresourcecenter@westminster-ca.gov

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 HOLIDAY WFRC CLOSED	5 Parks Program 2:30-5 Homework Help 2:30-5:30	6 CMT/Shield Mtg. 11-12pm Parks Program 2:30-5 Homework Help 2:30-5:30	7 Mommy & Me (Viet) 11:30-1 Parks Program 2:30-5 Homework Help 2:30-5:30 CSPP Parenting 5:30-7:30	8 Parks Program 2:30-5 Fun Friday 3-5	9
10 Dia de la Familia 1:30-5:30	11 Parks Program 2:30-5 Homework Help 2:30-5:30	12 Parks Program 2:30-5 Homework Help 2:30-5:30	13 CMT Mtg. 11-12pm Parks Program 2:30-5 Homework Help 2:30-5:30	14 Mommy & Me (Viet) 11:30-1 Parks Program 2:30-5 Homework Help 2:30-5:30 CSPP Parenting 5:30-7:30	15 Parks Program 2:30-5 Fun Friday 3-5	16
17	18 Parks Program 2:30-5 Homework Help 2:30-5:30	19 Parks Program 2:30-5 Homework Help 2:30-5:30	20 CMT/Shield Mtg. 11-12pm Parks Program 2:30-5 Homework Help 2:30-5:30 Kid's Group 6-8th gr. 4-5	21 Mommy & Me (Viet) 11:30-1 Parks Program 2:30-5 Homework Help 2:30-5:30 Kids Group 2-3rd gr. 3-4 Kids Group 4-5th gr. 4-5 CSPP Parenting 5:30-7:30	22 Women's Group 9:30-10:30 Parks Program 2:30-5 Fun Friday 3-5	23
24	25 Parks Program 2:30-5 Homework Help 2:30-5:30	26 Parks Program 2:30-5 Homework Help 2:30-5:30	27 CMT Mtg. 11-12pm Parks Program 2:30-5 Homework Help 2:30-5:30 Kid's Group 6-8th gr. 4-5	28 Mommy & Me (Viet) 11:30-1 Parks Program 2:30-5 Homework Help 2:30-5:30 Kids Group 2-3rd gr. 3-4 Kids Group 4-5th gr. 4-5 CSPP Parenting 5:30-7:30	29 Women's Group 9:30-10:30 Parks Program 2:30-5 Fun Friday 3-5	30

Free Services from the Westminster Family Resource Center: Family Advocacy, Personal Empowerment Program, Domestic Violence Counseling, Information & Referrals, Parent Education Classes/Workshops, Adoption Promotion Support, Family Reunification Services, Emergency Assistance (Food Box, Hygiene Kit, Diapers, *Dental Voucher, etc.), Individual & Family Counseling Services, Case Management Services, and Homework Help. ***While funding is available.**

Please call 714-903-1331 for questions or to register for any class.

Mommy & Me in Vietnamese: **Thursdays, 11:30am-1pm (9/7-10/26):** For mothers and babies age 6-11 months. Activities including; games, songs, and dances to stimulate your baby's senses and development.

Women's Group: **Fridays, 9:30-10:30am (9/22-10/27):** Group facilitated in Spanish. Childcare is provided. Topics include: effective communication, conflict resolution, self-esteem, and the benefits of a healthy relationship.

Kids Groups: **6th-8th graders Wednesdays 9/20-10/25 4-5pm, 2nd & 3rd graders Thursdays, 9/21-10/26 3-4pm, 4th & 5th graders Thursdays 9/21-10/26 4-5pm**
Groups are co-ed. Topics include: friendship & social interactions, positive self esteem, and respect for others and self.

Children's Support and Parenting Program (CSPP) - OC Health Care Agency: **Thursdays, 5:30-7:30pm:** Provides parents with the support they need to build strong relationships and give family members valuable tools to become and maintain a healthy family. Child/youth programs for 7-17 years, childcare provided for children under 7.

Homework Help & Fun Fridays: **Monday-Thursday 2:30-5:30pm, Friday 3:00-5:00pm:** Homework assistance and enrichment for children in grades K-8. Advance registration is required and space is limited. Child must be signed in/out by a parent.

Parks Program: **Monday-Friday 2:30-5:00 pm:** FREE "drop-in" supervised recreation program designed for elementary school aged youngsters. Offers a quality recreation experience that includes games, arts and crafts, sports, and organized recreational activities. Children under the age of six must be accompanied by a parent/adult.

Park Locations:

Bolsa Chica Park	Liberty Park	Sigler Park
13660 University St	13900 Monroe St	7200 Plaza St

Westminster Family Resource Center is a Community Collaborative:

